

Goal Planner

Build your confidence by setting small, achievable weekly growth goals & making them happen ✨

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PICK YOUR GROWTH GOAL FOR THE WEEK:

What do you want to achieve? You must feel excited about it, it must be a growth based action (something that moves your business toward growth) something you have the time and energy and the capacity to achieve: :

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LIST THE ACTION STEPS, WHAT WOULD YOUR WISE SELF DO?!

Step away from fear by considering what would your best self do to make this happen? Or, if you were being paid by someone else to complete this task, what action steps would you take? Then write THAT action plan:

Remember that the RIGHT action plan is NOT always the easiest. Your brain might try to protect you from 'hard' by leading you towards distraction. Acknowledge that and remind yourself that you can do hard things and you WANT to do hard things in order to reach your dream, and that you'll be ok.

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OWNING THIS BECAUSE:

What proof do you have that you're capable of achieving this goal? Reflect on a time when you've done something hard and proven to yourself that you can do it:

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O THE THING. DOWNLOAD LEARNINGS:

Journal on your results. Did you achieve your goal? What are your learnings?

Additional Resources

If you're struggling to grow on your own and want support levelling up in your business join us for accountability, support and visibility inside the She Owns It Membership!



Monthly Review & Plan Workshop

During this live workshop you'll remove all the distractions and get laser focussed on sales activities on so you can bring in more income and unlock your growth



Virtual Co-Working

Every Tuesday 9-11am, join us to work ON your content and plan and keep yourself accountable and on track.



Monthly Content Plan Workshop

No matter how good your offer, it won't sell if no- one knows about it. Lean on us to create savvy connection content and attract new customers and sales.



Monthly Coaching Calls

Hitting roadblocks? Join me for a live online marketing Q and A or 1-1 Voxer Support Day and get my support deciding on the next most powerful step forward in your biz.

FOCUS • ACCOUNTABILITY/ SUPPORT • ACTION • RESULTS