

30 DAY CHALLENGE

MONTH YEAR

My Growth Goal:

Try to choose an income goal or measurable metric EG
100 new email subscribers/ 10k turnover

Here's why I can't WAIT to make this happen:

My BIGGEST Result Driving Action is:

My DAILY Minimum Viable action is:

EG: TALK ABOUT MY OFFER DAILY:

Action Steps to make it happen:

Potential roadblocks:

How my best self would overcome them:

* DAILY MANTRAS [REPEAT]

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I already know EXACTLY what I need to do
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I THRIVE in the arena, doing hard things
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Future me will LOVE me for this

✖ PROGRESS/ REFLECTIONS

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